

Questions to ask my doctor

about my elevated cholesterol levels and my statin medication

Please print this page and discuss the following with your doctor at your next appointment.

Questions	Doctor response
Should my statin medication be increased? If not, why?	
Could adding another medication improve my numbers and help me achieve my goals?	
Tell your doctor the reason(s) why you're not taking the medication as prescribed. Ask if there are changes that can be made to your medication that would help you take it as recommended?	
What other things can I do to improve my cholesterol levels?	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.